

Keystone STARS Bonus Point Quality Initiative: Nutrition and Physical Activity Self-Assessment for Child Care (NAPSACC) Program

In which Keystone STARS Performance Standard will my program earn bonus points for successfully implementing the PA NAPSACC program?

Partnerships with Families and Communities (2 points)

How does the NAPSACC program align with Keystone STARS Performance Standards?

The NAPSACC program supports Partnerships with Families and Communities because it is an organized effort to promote health and wellness for children and includes families to support nutrition and physical activities at home. Families are encouraged to be part of the continuous quality improvement team.

The NAPSACC program is an online continuous quality improvement process focused on health practices and policies within early childhood settings. The program utilizes Go NAPSACC, an evidence-based tool, to guide participants through self-assessment, action planning, implementation, policy assessment, re-self-assessment and goal reflection. The process empowers program leadership and includes tips and materials to increase knowledge and improve quality of practice and policy. Programs can participate in NAPSACC independently, as part of an organized mini-grant opportunity (PA NAPSACC), or with support from another agency or technical assistance provider/consultant.

What evidence should I expect to provide to my Quality Coach to show full implementation of the NAPSACC program?

The NAPSACC program is a sustained, high level, comprehensive example of professional development that is ongoing and is more intensive than a one-time professional development event or activity. Programs can choose one or more areas to focus on: Child Nutrition, Infant Child Physical Activity, Breastfeeding and Infant Feeding, Farm to ECE, Screen Time, Nutrition and Oral Health, and Outdoor Play and Learning. Upon full implementation, you should be able to provide:

- Pre and post self-assessment results in at least one focus area
- Action Plan(s) showing goals identified in at least one focus area, with at least one goal completed

The evidence above can be viewed and downloaded from a program's Go NAPSACC account.

Get started here: www.surveygizmo.com/s3/5202959/GO-NAP-SACC-Access-Application

Who do I contact for more information on NAPSACC or to get connected to a local technical assistance provider?

Organization: Pennsylvania Department of Health, Bureau of Health Promotion and Risk Reduction

Address: 625 Forster Street, 10th Floor, Harrisburg, PA

Phone: 717-547-3212

Email: RA-DHSPAN@pa.gov

Website: www.keystonekidsgo.org/pa-napsacc.html

Application Website: www.surveygizmo.com/s3/5202959/GO-NAP-SACC-Access-Application